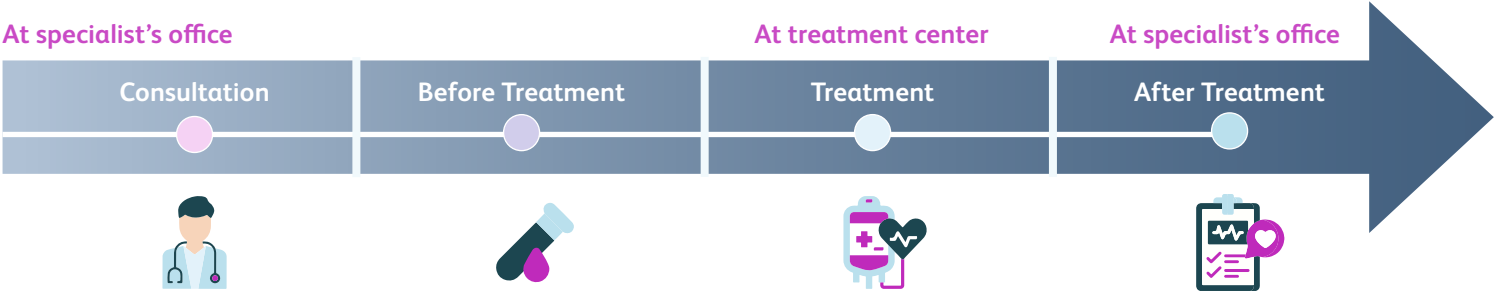













The CAR T Cell Therapy Appointment Tracker

Although CAR T cell therapy is a one-time infusion, there are many steps in the treatment journey which take place over several weeks. This treatment calendar may help you visualize your journey and keep track of your appointments and major milestones.



Consider the following when using this calendar:

	Appointment	Description	Typical Duration*
Consult	 Consultation & Testing	Talk with your doctor about CAR T cell therapy; some tests may be scheduled before proceeding	 1-2 weeks
	 Blood Collection	In a procedure called “apheresis”, your blood is drawn and T cells are collected	 2-5 hours
Before Treatment	While You Wait	You may receive interim treatment while your CAR T cells are being manufactured	 2-5 weeks
	 Lymphodepleting Chemotherapy	Prepare your body for CAR T cells	 3-4 days
Treatment	Infusion	Receive your CAR T treatment. Your doctor will decide whether this will be inpatient or outpatient	 ≥1 hour
After Treatment	 Short-Term Follow-Up	Monitoring and treatment of any side effects by your CAR T care team near the CAR T treatment center	 ≥2 weeks
	Long-Term Follow-Up	Follow-up appointments, and disease and side-effect monitoring with your local doctor or CAR T treatment team	 Years
Healthcare Team Member		Location	Contact Information

The CAR T Cell Therapy Appointment Tracker

Consider the following example as a guide for populating the calendar below. You may want to write in dates, times, and locations for appointments and track milestones in your treatment journey.

Example:

Week 1/13-17		Consultation (Tuesday 1/14) Treatment center @ 8:30 AM			
↑ Dates		↑ Appointment Information			

Your Calendar:

Week <div></div>	Consultation				
Week <div></div>					
Week <div></div>	Blood Collection	While you wait			
Week(s) <div></div>					
Week <div></div>	Lymphodepleting Chemotherapy			Infusion	
Week <div></div>					
Week <div></div>					
Week <div></div>					
Week <div></div>					