



# Suggestions for Starting the CAR T Cell Therapy Conversation

You may have heard about CAR T cell therapy and have questions about what it is, what it involves, and whether it could be an option for you. A good way to learn about your options and which one is right for you is by talking with your doctor and healthcare team.

## My treatment experience:

Take a moment to answer the questions below to help prepare for conversations with your doctor and the CAR T healthcare team:

- What type of illness do you have and when were you diagnosed?

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- What previous treatments have you received for this illness?

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- What other health conditions do you have?

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- Does anyone in your family have similar illnesses?

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- What medications are you currently taking?

Name of medication	Dose and number of doses per day	Time(s) taken per day (eg, 8 AM)	Time of last dose taken	Notes
Allergies:				

## Examples of questions you may want to ask your doctor and the CAR T healthcare team:

### Learning about CAR T cell therapy

- What is CAR T cell therapy?
- How does it work?
- How well does it work for my disease?
- What are the possible side effects? Can these side effects be serious?
- How common are side effects?
- Are the side effects the same for all CAR T cell therapies?
- What has been your experience with treating patients with CAR T cell therapy?
- How is it different from other treatments for my disease?
- What illnesses can CAR T cell therapy be used to treat?
- Are all CAR T cell therapies the same?
- Are there any additional considerations I should keep in mind when planning for CAR T cell therapy (eg, care partner support)?

### Finding out if CAR T cell therapy is right for you

- Based on my treatment history, is CAR T cell therapy an option for me?
- How do you determine if I am able to move forward with CAR T cell therapy?
- If I'm eligible for CAR T cell therapy, how will we choose which one is right for me?
- If CAR T cell therapy is not an option for me now, could it be in the future? Are there other options we should look into?

### Understanding the treatment process

- What are the steps involved with CAR T cell therapy?
- How long does each step take?
- For which steps will I need to visit and/or stay overnight at the hospital/treatment center?
- At which step(s) in the process will I need to rely on my care partner?
- What kind of support is available to help me or my care partner throughout the process?

### Preparing for the CAR T cell infusion

- How long does it take for the CAR T cells to be made?
- When will I need to arrive at the hospital/treatment center for my CAR T cell infusion?
- Is any treatment given before the CAR T cell infusion?
- What happens if my illness gets worse while I'm waiting for the CAR T cells to be made?

### Receiving the CAR T cell infusion

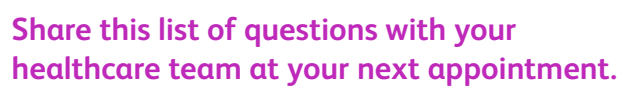
- How long does the infusion take?
- Where would I receive CAR T therapy? If it is at the hospital, how long do I have to stay?

### Understanding what happens after CAR T cell therapy

- How will I know if CAR T cell therapy is working on my illness?
- When do the side effects occur? How long do they usually last?

- How are the side effects treated?
- How can my care partner and I look out for side effects? When should we report a possible side effect to my healthcare team?
- How is my illness monitored after CAR T cell therapy? For how long?
- Where do I go for monitoring? How often?

Use this area to write down any other question you would like to ask your healthcare team.

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05/25 HE-US-2500255