

At specialist's office



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The CAR T Cell Therapy Appointment Tracker

Although CAR T cell therapy is a one-time infusion, there are many steps in the treatment journey which take place over several weeks. This treatment calendar may help you visualize your journey and keep track of your appointments and major milestones.

At treatment center

Consultation Bef		Befo	re Treatment	Treatment		After Treatment		
					?			
	Consider the followi			ing when using this calendar: Description			Typical Duration*	
Consult		Consultation & T		Talk with your doctor about CAR T cell therapy; some tests may be scheduled before proceeding			○ 1-2 weeks	
After Treatment Treatment Before Treatment	*	Blood Collection In a procedure called "apheresis", your blood is drawn and T cells are collected				② 2-5 hours		
		While You Wait You may receive interim treatment while your CAR T cells are being manufactured				Γcells	2-5 weeks	
		Lymphodepleting Chemotherapy	g	Prepare your body for CAR T cells			⊘ 3-4 days	
		Infusion Receive your CAR T treatment. Your doctor will decide whether this will be inpatient or outpatient				⊘ ≥1 hour		
		Short-Term Follow-Up		Monitoring and treatment of any side effects by your CAR T care team near the CAR T treatment center			⊘ ≥4 weeks	
		Long-Term Follow-Up		Follow-up appointments, and disease and side-effect monitoring with your local doctor or CAR T treatment team				
	Healthcare Team Member			Location Contact I		nformation		

^{*}Timings shown here are estimates and may vary by institution and by patient.





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Consider the following example as a guide for populating the calendar below. You may want to write in dates, times, and locations for appointments and to track milestones in your treatment journey.

Example:

Week	Consultation (Tuesday 1/14)	
1/13-17	Treatment center @ 8:30 AM	
1	†	
Dates	Appointment Informa	tion

Your Calendar:

Consultation				
Blood Collection	While you wait			
Lym	phodepleting Chemot	herapy	Infusion	
	Blood Collection	Blood Collection While you wait		Blood Collection While you wait