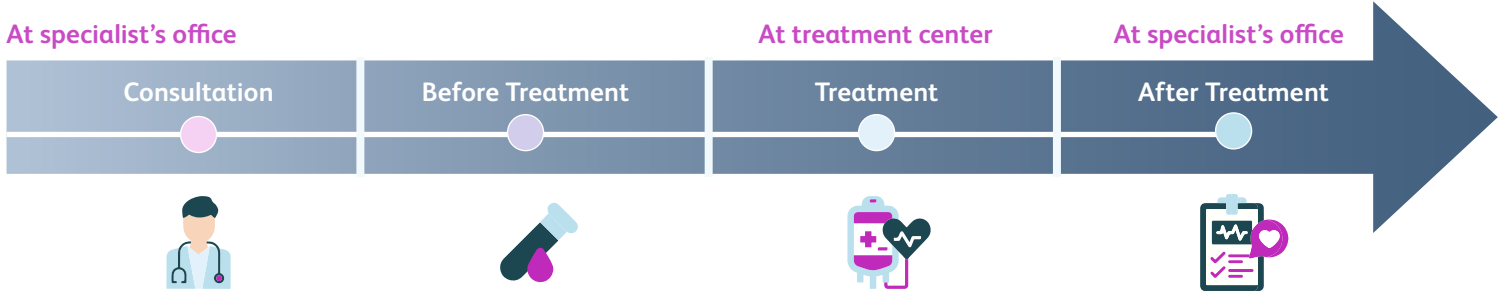


The CAR T Cell Therapy Appointment Tracker

Although CAR T cell therapy is a one-time infusion, there are many steps in the treatment journey which take place over several weeks. This treatment calendar may help you visualize your journey and keep track of your appointments and major milestones.



Consider the following when using this calendar:

	Appointment	Description	Typical Duration*
Consult	Consultation & Testing	Talk with your doctor about CAR T cell therapy; some tests may be scheduled before proceeding	1-2 weeks
	Before Treatment	Blood Collection	In a procedure called “apheresis”, your blood is drawn and T cells are collected
While You Wait		You may receive interim treatment while your CAR T cells are being manufactured	2-5 weeks
Treatment	Lymphodepleting Chemotherapy	Prepare your body for CAR T cells	3-4 days
	Infusion	Receive your CAR T treatment. Your doctor will decide whether this will be inpatient or outpatient	≥1 hour
After Treatment	Short-Term Follow-Up	Monitoring and treatment of any side effects by your CAR T care team near the CAR T treatment center	≥4 weeks
	Long-Term Follow-Up	Follow-up appointments, and disease and side-effect monitoring with your local doctor or CAR T treatment team	Years

Healthcare Team Member	Location	Contact Information

*Timings shown here are estimates and may vary by institution and by patient.

The CAR T Cell Therapy Appointment Tracker

Consider the following example as a guide for populating the calendar below. You may want to write in dates, times, and locations for appointments and to track milestones in your treatment journey.

Example:

Week 1/13-17		Consultation (Tuesday 1/14) Treatment center @ 8:30 AM			
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↑ Dates

↑ Appointment Information

Your Calendar:

Week <input type="text"/>	Consultation				
Week <input type="text"/>					
Week <input type="text"/>	Blood Collection	While you wait	→		
Week(s) <input type="text"/>	→				
Week <input type="text"/>	Lymphodepleting Chemotherapy		Infusion		
Week <input type="text"/>					
Week <input type="text"/>					
Week <input type="text"/>					
Week <input type="text"/>					