

# The CAR T Cell Therapy Appointment Checklist

Once you and your care team have decided on CAR T cell therapy, you will have several appointments to prepare for and receive this treatment. Below is a list of information and materials you should consider bringing to each appointment to ensure your care team has all the necessary information and to ensure you are as comfortable as possible.



## What should you bring to your appointments?

- List of current prescriptions, over-the-counter medications, and vitamins/supplements
- List of allergies to any medications
- Medical records (you can request in advance to have records sent to you or a contact at the hospital/clinic)
- Insurance card(s)
- Photo ID
- A caregiver to join the appointment
- A list of questions you have for the doctor
- A notebook and pen to write down information
- Money or credit card for parking, copays, etc

## For longer appointments or procedures you may want:

- Your cellphone and charger
- A snack or drink
- Entertainment (book, crossword puzzles, music, etc)
- Any personal items to make you more comfortable (favorite pillow or blanket, sweater or jacket, photos, toiletries, etc)

## Next steps:

- My next appointment is set for \_\_\_\_\_ at \_\_\_\_\_.  
(date & time) (address of center/building)
- Other \_\_\_\_\_